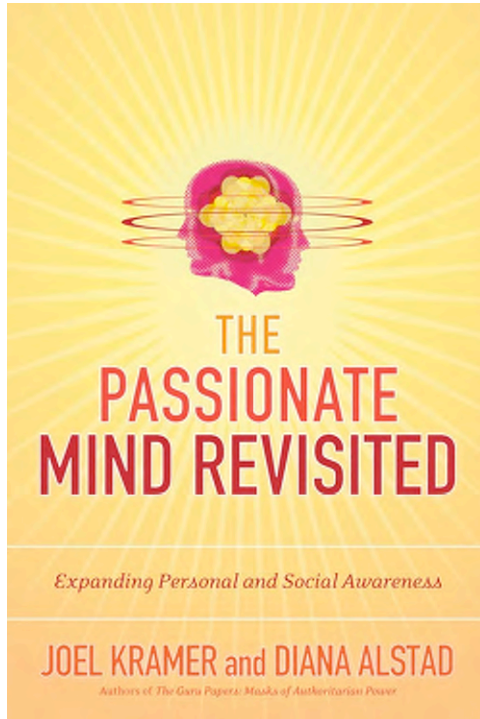




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## ***The Passionate Mind Revisited*** ***Expanding Personal and Social Awareness*** By Joel Kramer and Diana Alstad

In ***The Passionate Mind Revisited***, a major new work from two of our boldest and brightest minds, **Joel Kramer** and **Diana Alstad** assert that we are a species at risk that can only survive through evolving socially. The book takes readers on a liberating journey that can transform the way they look at themselves and the world. This total and expanded re-visioning of Joel Kramer's 1974 classic *The Passionate Mind* confronts the basic challenges of this historic moment, showing why conscious social evolution is both possible and necessary.

**Kramer** and **Alstad** delve into who we are, how we got here, and what recourse we have to become viable. They argue convincingly that the world's social problems are largely a product of deep-seated conditioning, our limited worldviews, beliefs, identities, and values. ***The Passionate Mind Revisited*** offers an approach to inner and outer inquiry that reveals the workings of the mind to help free people from mechanical responses and break through conditioning. Ruthlessly questioning all mental frameworks, **Kramer** and **Alstad** spare no sacred cow in their painstaking effort to identify the obstacles to humanity's continuance. Broad-ranging and ambitious, the book offers a more likely, synthesizing worldview that goes beyond scientific materialism and traditional spirituality. The radical and experiential inquiry leads readers to greater clarity and the creativity that flows from it. This incisive call to greater awareness explores and illuminates what it will take for humanity to be a viable social animal that can cross over this evolutionary cusp.

Accessible, inspiring, and practical, **Kramer** and **Alstad** offer compelling new viewpoints on life's perennial core concerns, such as the nature of pleasure, desire, fear, belief, freedom, love, time, violence, and evolution. Contemporary commentaries present original insights on worldviews, care, gender, identity, and the quandaries of intimacy and of being "in the now" and meditation. The book's provocative ideas explore the very essence of what it is to be human and show the crucial role of awareness in meeting humanity's unique evolutionary challenge. By looking honestly at ourselves, we take a vital step toward furthering both the personal and conscious social evolution needed to preserve humanity's future. ***The Passionate Mind Revisited*** will appeal to both secular and spiritual audiences as it speaks to thoughtful people of all ages interested in self-awareness and creating a world defined by hope and possibility.

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### **About the Authors:**

Joel Kramer and Diana Alstad are co-authors of *The Guru Papers: Masks of Authoritarian Power*. Life partners since 1974, they speak and teach on social and psychological issues, spirituality, and yoga. They live in the San Francisco Bay Area. Their website is [www.joeldiana.com](http://www.joeldiana.com).

Joel Kramer, author of *The Passionate Mind*, did post-graduate work in philosophy and psychology and was a resident teacher at Esalen Institute (1968-1970). He is a pioneer of modern American yoga whose evolutionary approach is foundational for many of today's leading teachers.

Diana Alstad, a Woodrow Wilson Fellow, received a doctorate from Yale in 1971 and taught the first Women's Studies courses at Yale and Duke. She developed and teaches the Yoga of Relationship with Kramer.



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